

### Actions and Promotion and Prevention Programs in SSO & BE

Among the health, safety and welfare actions, the promotion and prevention programs targeted to employees are featured on the practices adopted by Cemig. The Vital Energy program aims to sensitize employees about the importance of the quality of personal life and at work. Three of its sub-programs encourage the physical activity, especially by employees at risk function and presenting health conditions that require special attention.

Vital Energy Subprograms	Description
PROLONGAR (EXTEND) - Program to Incentive the Physical Activity	Through partial refunds, it encourages employees who meet the program's criteria for inclusion to practice physical activities such as swimming, gymnastics and aerobics, and participate in competitions in road racing. Through agreements it also encourages the use of Pilates, with physiotherapy treatment in classes with special schedules and prices. In addition to financial incentives, it promotes gymnastics during the workday.
PROCOHAR - Program for Controlling the Hypertension	Through partial refunds, it encourages employees diagnosed with hypertension to practice aerobic physical activities such as swimming, cycling and athletics, in order to improve their cardiovascular fitness. Through monthly blood pressure control, the program helps to prevent morbidities such as, acute myocardial infarction and stroke.
REPENSAR (RETHINK) - Obesity Prevention Program	Through partial refunds and benefits, it favors the changes in the lifestyle of the overweight and obese employees. Those enrolled in the program have access to many benefits: nutritional assessment, endocrine evaluation, psychological counseling, reimbursement of prescription drugs for this purpose and participation in the Prolongar (Extend) program.

Cemig also offers the following programs for social support to the employees:

Programs	Description	Achievements in 2013
Vocational Rehabilitation Program	It aims to redirect employees who reduced their working capacity due to accident or illness, implying in position changing. The program is developed in an integrated manner by the medical, psychological, social and occupational safety department with the subsequent approval by the National Social Security Institute.	Eleven new cases of vocational rehabilitation were registered and from the total amount of open cases, six of them were completed.

Program for Planning the Personal and Family Budget	Through lectures, social assistance and lending, it aims to educate employees about the importance of the financial stability.	Fifty two loans were granted for health and housing purposes, among others, totaling R\$ 395,962.79.
Social Intervention	It aims guidance and coverage of costs for health treatments to employees that got their injury at work and disability retirees due to accidents at work or occupational disease.	four hundred thirty-four social interventions were performed
On Duty	Duty on weekends and holidays, aiming to provide social assistance to the employees victims of serious accidents and family members of employees who have suffered fatal accidents, being it in or out of work.	Fifty five duty periods were performed on weekends